

Community Resource List

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Housing

Region 5 Access Point – 208-254-0290

- Anyone that is seeking help with financial assistance to get into housing or to prevent homelessness (Homeless Prevention and Rapid Rehousing). The Housing Alliance and HUD VASH Voucher complete their own intakes for their own programs.

Housing Alliance and Community Partnerships – 711 N 6th Ave. – 208-233-6276

- Section 8 Housing Choice Voucher Program.
- Must pass a criminal background and credit history check. Approval is case by case be honest and up front, no surprises gives a better chance of being accepted. Length of waiting list depends on the complex.
 - McKinley Manor
 - Maple West
 - Pinewood
 - Katsilometes Courts
 - Stockman Terrace
 - Swisher Terrace
 - Hawthorne Terrace
 - Fanklin Heights
 - El Rancho Heights
 - Christensen Courts –elderly/disabled
 - Portneuf Towers- elderly/disabled

SEICAA – 641 N 8th – 208-234-0966

- Must pass a criminal background and credit history check. No sex offenders or crimes of violence against people. Approval is case by case. Wait and income restrictions are complex dependent.
 - Station 1938- subsidized low income. Min of \$500 gross income.
 - Fountain Court – Subsidized low income. Max of \$1000 income.
 - South Oak Apartments- Blackfoot
 - SEICAA Manor- Chronically Homeless and Disabled. 30% of adjusted income to rent.
 - St. Anthony Place- 55+ Section 8 Subsidized.

Idaho Housing – (Idaho Falls)- 506 S. Woodruff- 208-522-6002

- Section 8 Housing Choice Voucher Program
- 24-36 month waiting list
- Intense application process. Proof of income, family size, ID part of the process.

Homeless Shelters

Aid for Friends Emergency Shelter- 653 S 4th Ave, Pocatello 83201 – 208-232-5669

CLUB, Inc.- 545 3rd Street, Idaho Falls 83401 -208-524-8143

City of Refuge- 840 Park Avenue, Idaho Falls 83402 – 208-552-5575

- Emergency Shelter for men
- Provides laundry facilities, medical, food, clothing and Christian discipleship

F.A.I.T.H.- PO Box 2553, Idaho Falls 83403- 208-522-1056

Family Care Center- Pearl House- 1740 E 17th Street, Suite B, Idaho Falls 83404- 208-535-2273

- Shelter for children under 18 years old in crisis

The Haven- 2480 S Yellowstone, Idaho Falls 83405- 208-523-6413

Gas Assistance

Bannock County Indigent Services- 624 E Center, Bannock County Courthouse, Rm. 106 -208-236-7347

Salvation Army- 400 N 4th -208-232-5318

Utility Assistance

Department of Health and Welfare- 1090 Hiline – 208-235-2900

- Telephone assistance upon meeting guidelines

Salvation Army- 400 N 4th -208-232-5318

- Utilize Project Share- by appointment only
- Disconnect Notice- Emergency assistance only
- ID Required
- Income Guidelines- last 30 days
- Only provided 1st of October through April

Utility Assistance (Cont.)

SIECAA – 825 E Bridger- 208-233-7348

- Energy and phone assistance
- ID, 3 months proof of income, SHUT OFF notice

Rental Assistance

Region 5 Access Point – 208-254-0290

- Anyone that is seeking help with financial assistance to get into housing or to prevent homelessness (Homeless Prevention and Rapid Rehousing). The Housing Alliance and HUD VASH Voucher complete their own intakes for their own programs.

St. Vincent de Pauls- 855 S 2nd – 208-406-1216

Mental Health

Advocacy and Learning Associates- 850 E Lander-208-234-2094

- Specializes in children with autism
- Also provides for other diagnoses
- Accepts Medicaid

Center Counseling- 4460 Central Way, Suite 2 – 208-237-1711

- Many mental health services offered including counseling for depression, couples, families, and parenting.
- CBRS Services

Consumer Care LLC- 1133 N Main – 208-234-9361

- Drop in center with rehabilitation focus for people who are mentally ill.

Adult Mental Health- 421 Memorial Drive- 208-234-7900

- Adult services
- Children and Infant development services
- Children and adult counseling

Mental Health (Cont.)

Family Counseling Services – 208-233-9709

- Sliding Scale fee for limited income families

Health West- 1000 N 8th Ave. Pocatello- 208-233-9709

- Sliding fee scale based on income

Pocatello Mental Health Clinic- 1023 Yellowstone Suite J- 208-233-1276

- Individual, family, and marriage counseling
- Abuse recovery
- Mood disorders including depression and bipolar disorder
- Anxiety disorders and phobias
- Behavior and conduct issues in children and adolescents
- Personality disorders
- LGBTQ and gender issues

ISU Psychology Clinic – 208-233-9709

Idaho Suicide Prevention Hotline- 1-208-398-HELP (4357)

- Call 24 Hours a day 365 days a year
- Text Monday thru Friday 3 pm until Midnight

National Suicide Prevention Hotline- 1-800-273-TALK (8255)

Community Mental Health Services- 720 E Lander- 208-478-2172

- Individual, couple and family counseling
- Group Therapy

Redford Counseling & Family Services- 707 N 7th Ave Suite D- 208-242-3044

- Individual, group, family and couples counseling
- Free mental health screening

Physical Health

CHIP- Department of Health and Welfare- 1090 Hilina- 208-235-2900

- Children's health insurance program
- Income, assets, and social security number required when applying

Health West- 1000 N 8th Ave Pocatello- 208-233-9080

- Immunizations
- Family planning
 - Clinical examinations for women and men seeking birth control
 - Provides education for men and women about birth control
 - Promotes positive health behaviors, and pregnancy and STD prevention
- Prenatal Ancillary Care (PAC)
 - Provided to low income pregnant women
 - Services include:
 - Nursing
 - Nutritionist Prenatal Education
 - Case management

Pocatello Free Clinic- 429 Washington Ave- 208-233-6245

- Call Monday thru Friday, 3-6pm to schedule an appointment
- Basic short term medical care
 - Wellness checkups
 - Prescription assistance
 - Lab tests
 - Dental care

Women's Health Check- 1901 Alvin Ricken Dr. -208-239-5290

Dental

ISU Dental Hygiene Clinic- 9th & Martin Luther King Jr. Way- 208-282-3282

- Preventative services available fall and spring semester to general public at a nominal fee.

Health West- 1000 N 8th Ave Pocatello- 208-232-6260

- Sliding fee scale based on income

Eye Glasses

Medicaid- Department of Health and Welfare- 1070 Hiline- 208-239-6260

Employment

Idaho Department of Labor- 460 N 5th – 208-236-6710

- Services the Agency Provides
 - Employment Resource
 - Internet for Worldwide Job Search
 - State and Federal Listings
 - Career Information System
 - Resume Programs
 - Typing Tests/ Typing Tutor
 - Professions Job Seeking Seminars
- Monday thru Friday 8am-5pm

Vocational Rehabilitation- 1070 Hiline Suite 200- 208-236-6333

- Case management for eligible Medicaid Clients
- Assist clients in maximizing their potential
 - Establish work plan
 - Provides training

Transportation

Bannock Transportation- 1134 N Main St. – 208-234-6248

- Taxi Service
 - Normal Fare
 - Script Fare- One hour notice required
 - Medicaid Fare- 24 hour notice, more if new client

Country Coach- 4613 Yellowstone – 208-233-2551

- Taxi Service
 - Medicaid Fare- 24 hour notice, more if new client
- Contact: Christina

Transportation (Cont.)

Pocatello Cab Company- 243 W Center- 208-232-1115

- Provides Grocery and Package Delivery
 - Cost \$6 if within a mile
- Transportation
 - Cash
 - Voucher (hospital)

Pocatello Regional Transit (PRT)- 5815 S 5th Ave- 208-234-6248

- Fixed Route Service
- Door to Door Services for qualified disabled and senior citizens
- Call for details on route, fares, and hours of service

Salt Lake Express- 215 W Bonneville- 208-232-5365

- Valid ID required

Food

Home Style Direct- 1-866-735-0921

- Delivers frozen food to elderly, disabled, and homebound individuals
- Twice per month
- Medicaid Paid

My Brother's Table- 355 W Lander, Episcopal Church- 208-233-2640

- Sundays 1:30pm- 3pm

Salvation Army- 400 N 4th- 208-232-5318

- Lunch: Monday thru Saturday from 11-12pm
- Food Boxes: Monday thru Friday from 1pm-4pm

WIC- District of Health Department- 1901 Alvin Ricken Dr.- 208-233-9080

- Provides nutrition education and supplemental food
- Low income, nutritionally at-risk, pregnant, postpartum and breast feeding women, infants and children under the age of 5 years old.

Food (Cont.)

SEICCA- 825 E Bridger- 208-233-7348

- Meals on Wheels

God's Home of Compassion- 845 Hyde- 208-232-3515

- Food boxes: Tuesday from 10am to 11pm
- Food boxes: Wednesday and Thursday from 9am to noon

First Baptist Church- 408 N Arthur- 208-232-6305

- Food Boxes: Thursdays from 3:30pm to 7pm

St. Vincent de Paul- 855 S 2nd- 208-406-1216

- Food Boxes: Wednesdays from 10am to 1pm
- As needed Mondays, Tuesdays, Thursdays, Fridays, and Saturdays

Gate City Christian Church- 202 W Siphon- 208-237-5002

- Food Boxes: Friday from 3pm to 6pm

Pocatello First United Methodist Church- 200 N 15th Ave- 208-232-1353

- Sundays 7:30am to 10am

Senior Services

Adult Daycare-

- Highland Hills- 1501 Baldy- 208-237-6866
- Quail Ridge- 797 Hospital Way- 208-233-8875
- Safe Haven- 5685 S Bannock Highway- 208-239-0480
- Safe Haven- 875 S Pendelbury, Blackfoot- 208-785-3627

Area Agency on Aging- 214 E Center- 208-233-4032 ext. 16

- Information Assistance
- Case management
- **Adult Protection Services**

Senior Services (Cont.)

ISU Senior Health Mobile- 214 E Center- 208-282-2102 (1-80-526-8129)

- Free to Vulnerable Adults

National Eye Care Project- 1-800-222-3937

- Medical and surgical eye care for seniors
- Must be 65+ and be a citizen or legal resident

SEICCA- Retired Senior Volunteer Program (RSVP)

- Requires volunteer 55+ for Non-Profit

Senior Citizens Center- 427 N 6th Ave- 208-233-1212

- Activities for Seniors
 - Bingo
- Lunch Served Daily
 - \$4

US Social Security Administration- 1246 Yellowstone, Suite F- 1-800-772-1213

- Retirement Benefits
- Disability Benefits
- Survivors Benefits
- Medicare
- Supplemental Security Income for the Blind, Disabled, and Aged (65+)

First Baptist Church- 408 N Arthur- 208-232-3605

- Seniors Citizen Commodities Boxes. Three Requirements:
 - Resident of the State of Idaho
 - Meet Income Guidelines
 - 60 years old or older

Senior Services (Cont.)

Gables in Home Care- 208-270-1194

- Personal care services such as:
 - Housekeeping, meal preparation, medication reminders, grocery shopping, chore service, laundry, bathing and 24 hour care.

Alliance Home Health and Hospice- 208-478-6677

Senior Health Insurance Benefits Advisors (SHIBA)- 353 N 4th Ave Suite 200- 1-800-247-4422

- Free Medicare information

AssureLink- 208-232-0767

- Help at the push of a button

Pro Health Home Care Services, Inc.- 808 N 8th Ave- 208-235-6565

- Accepts Medicaid

Veteran Services

Bannock County Veteran Services- ISU Veteran Student Services, 3rd floor of the Student Union Building- 208-282-4245

- Assists veterans and dependents with obtaining benefits that they may be eligible to receive.
- Contact Melissa Hartman for an appointment

Idaho State Veteran's Home- 1956 Alvin Ricken Dr.- 208-236-6340

- 24 Hour skilled nursing care for veterans

Pocatello Vet Center- 1800 Garrett Way- 208-232-0316

- Provides individual, group, and family counseling
- Substance abuse counseling
- VA Benefits assistance

Veteran Services (Cont.)

SEICCA- Freedom LZ- 825 E Bridger- 208-234-2466 ext. 145

- Shelter and housing programs for veterans
- Will refer out to Bannock County Veteran Services and other supportive organizations to help Veterans become more self-sufficient.

SE Idaho Veterans Out-Patient Clinic- 500 S 11th Ave – 208-232-6214

- Primary Care Clinic
- Clinic Hours: Monday thru Friday from 8am to 4pm

Redford Counseling & Family Services- 707 N 7th Ave Suite D- 208-242-3044

- Trauma therapy: PTSD, EMDR, and Art Therapy

Legal Services

6th Judicial District CASA/GAL Program- 826 E Center- 208-232-2272

- Advocates trained to speak up for abused or neglected children in court.

Bannock County Court Assistance Office- 624 E Center, Bannock County Courthouse, Room 103A- 208-236-7067

- Walk in hours: 9-10am and 2-3pm
- Assisting Self-Represented persons with the following:
 - Obtaining legal information and services if possible
 - Providing court forms and instructions

Idaho Volunteer Lawyer Program- 1-800-221-3295

- <https://isb.idaho.gov/ilf/ivlp/>
- Civil legal service for eligible low-income people in Idaho

Legal Aid- 150 S Arthur Suite 203- 208-233-0079

- Education on tenant/landlord rights
- Legal advice/help
- Helps clients escape domestic abuse

Parenting Classes

Bannock Youth Foundation- 620 W Fremont- 208-234-2244

Better Outlook Family Resource Center- 427 N 4th Ave- 208-478-2050

Center Counseling- 4460 Central Way, Suite 2- 208-237-1711

Family Service Alliance- 355 S Arthur- 208-232-0742

- Family needs assessment
- Parenting classes
- Parents as Teachers Program
 - Personal Visits
 - Developmental screenings
 - Group meetings

Pocatello Mental Health Clinic- 1023 Yellowstone Suite J- 208-233-1276

- Individual, family and marriage counseling
- Positive parenting class

Redford Counseling & Family Services- 707 N 7th Ave Suite D- 208-242-3044

Anger Management

A-Z Family Counseling- 732 Washington Ave- 208-478-9822

Better Outlook Family Resource Center- 427 N 4th Ave- 208-478-2050

Center Counseling Services- 208-233-9709

- Sliding scale fee for limited income families

Family Service Alliance- 355 S Arthur- 208-232-0742

- Men's Non Violence Group
 - 52 Week Rotation
 - \$15 per week payable in advance. If payment is not made, attendance will not be permitted.
 - Prior to enrollment, each group member must have an intake appointment at a cost of \$50. Clients will be asked to sign a contract at time of intake.

Anger Management (Cont.)

Pocatello Mental Health Clinic- 1023 Yellowstone Suite J- 208-233-1276

- Anger management training and counseling

Redford Counseling & Family Services- 707 N 7th Ave Suite D- 208-242-3044

CBRS Agencies

A-Z Family Counseling- 732 Washington Ave- 208-478-9822

Access Point Family Services (CHILDREN ONLY)- 5565 Yellowstone Ave- 208-478-9344

Advocacy and Learning Associates- 850 E Lander- 208-234-2094

Center Counseling- 4460 Central Way Suite 2- 208-237-3880

Community Mental Health Services- 720 E Lander- 208-478-2172

Drug and Alcohol

Addiction Counseling- 333 N 18th Ave- 208-234-2512

- Treats people 18+
- Drug/Alcohol Counseling
- Individual and couple counseling

Alcoholics Anonymous- 745 S 1st- 208-235-2444

- Pocatello Meetings everyday

Road to Recovery, Inc.- 600 E Oak St- 208-233-9135

- Wide range of chemical dependency programs offered

Joshua D. Smith & Associates- 208-233-7693

- Dual Diagnosis provider
- Outpatient

Lighthouse for Recovery- 208-237-3365

MK Place- 208-234-4722

- Adolescents only
- Inpatient and outpatient

Drug and Alcohol (Cont.)

Still Waters Counseling- 208-232-4800

- Does NOT take Medicaid/Medicare

A-Z Family Services- 208-478-9822

- Outpatient
- Educational programs

Pacific Rim- 208-232-8840

- Outpatient

Pocatello Mental Health Clinic- 1023 Yellowstone Suite J- 208-233-1276

- Abuse Recovery

Hope & Recovery Center- 210 E Center Suite D- 208-407-1749

- Open Monday thru Friday from 11am to 8pm and Saturday from 11am to 4pm

Moonlight Mountain Recovery- 5230 W Moonlight Mine Rd- 208-505-9990

- Comprehensive addiction treatment
- Dual Diagnosis
- Intervention
- Social Detox

Redford Counseling & Family Services- 707 N 7th Ave Suite D- 208-242-3044

- Relapse prevention groups
- Seeking safety
- Case management
- Recovery coaches
- Outpatient services

Case Management (Substance Abuse)

Road to Recovery

- Outpatient- 208-233-9135
- Discovery House II- 208-478-6150

Lighthouse for Recovery- 208-237-3365

Pacific Rim- 208-232-8840

Joshua D. Smith & Associates- 208-233-7693 & 208-681-7126

Child Care Assistance

Department of Health and Welfare- 1070 Hiline- 208-239-6260

- Help with child care costs for low income families
- Income, family size, work/school verification, housing agreement.

Prescription Assistance

Medicaid- Department of Health and Welfare- 1070 Hiline- 208-239-6260

Health West- 1000 N. 8th Ave- 208-232-6260

Pocatello Free Clinic- 429 Washington Ave- 208-233-6245

- Call Monday thru Friday from 3pm-6pm to schedule an appointment

Native American Assistance

Bureau of Indian Affairs- 208-238-2301

- Providing services to Shoshone-Bannock Tribes & Northwest Band Shoshone-Bannock Tribes

Commodities- 208-478-3918 or 208-478-3917

Community Health Nursing-208-238-5435

Community Health Representatives- 208-478-3968

- Transports Native Americans for medical treatment
- Offers health education and information

Community Health Services- 208-238-5421

Native American Assistance (Cont.)

Cooperative Extension System- 208-478-3777

- All facets of agricultural education

Counseling and Family Service- 208-237-5631

- Outpatient mental health services
- Education and prevention services

Caregiver Support Program- 208-478-3863 or 208-478-3951

- Provides a comprehensive referral and service system for families and individuals (55+) who are:
 - Caregivers to elders who are chronically ill
 - Grandparents providing care to a grandchild

Elderly Nutrition Program- 208-478-3858

- Hot meals for people 55+

Fort Hall Housing Authority- 208-237-1174

Four Directions Treatment Center- 208-478-3969

- Residential Treatment Center for alcohol and drug abuse
- Individual and group counseling for alcohol and drug abuse
- AA meetings- call 208-238-3969 for times

Head Start/ Early Childhood- 208-239-4500 or 208-239-4501

Health Education- 208-478-3972

Native Youth Visions-208-478-4037 or 2018-478-3744

- Geared for Indian Youth who have problems with drugs or alcohol

NOT-TSOO-GAH-NEE Health Center- 208-238-2400

- Primary care provider for federally recognized Native Americans n the Fort Hall Indain Reservation and surrounding areas.

Native American Assistance (Cont.)

Recreation- 208-478-3770

- Youth Programs
- Basketball and Baseball tournaments
- Exercise facilities and equipment
- Computer room access

TANF/EET Program- 208-478-3845

- Assistance to obtain and keep a job
- Learn job skills for employment
- Help to improve education
- Preparation for the GED

Tribal Employment Rights of – 208-478-3848 or 208-478-3847

Tribal Social Services- 208-478-3863

- Assistance to families and children

Tribal Youth Education- 208-478-3851

- Work with Indian youth grades k-6 and 7-12

Victims of Crimes Assistance- 208-478-3874

- Crisis Line- 208-339-0438

Education

4H- 10560 N Fairground Rd. Building A- 208-236-7312

- Teaching leadership skills, citizenship and life skills for youth ages 5-19

Adult Success Center- RF Christensen Building #48, 777 Memorial Dr, 3rd floor ISU College of Technology- 208-282-2468

- Literacy instruction
- Preparation for the GED

Center For New Direction- RF Christensen Building #48, 777 Memorial Dr, 3rd floor ISU College of Technology- 208-282-2454

- Career and educational goals

Education (Cont.)

EFNEP- 10560 N Fairgrounds Rd- 208-236-7318

- Expanded food and nutrition education program
- Offers education about nutrition to limited income families with children at no charge

ISU Counseling and Testing- 2nd floor, Gravely Hall, ISU Campus- 208-282-4907

- GED testing
- Compass/Placement testing
- \$80 per test

Literacy Tutors- RF Christensen Building #48, 777 Memorial Dr, 3rd floor ISU College of Technology- 208-282-3279

- Free service to adults 16+ years old who are not enrolled in school

School District No. 25- 3115 Poleline Rd- 208-232-3563

Vocational Rehabilitation- 1070 Hilina Suite 200- 208-236-6333

Partners for Prosperity (P4P)- 625 N Pacific Suite 1, Blackfoot- 208-785-0059

- Provides education and training to help reduce poverty in the 16 counties of Eastern Idaho and the Fort Hall Indian Reservation
- Current programs/initiatives include:
 - Latino Economic Development
 - Earned Income Tax Credit
 - Adult Education and Training
 - Math, Science, and Technology/Crime and Safety
 - Transportation

Disability

Comfort Keepers- 357 W Center Suite 210- 208-234-9825

- Comforting solutions for in-home care

Commission for the Blind and Visually Impaired- 427 N Main Suite K- 208-236-6392

- Provides services for the blind or visually impaired

Disability (Cont.)

Developmental Options- 415 S Arthur – 208-232-6833

- Supporting individuals with developmental and other disabilities in creating and maintaining as much independency as possible.

Independence Home- 430 Willard Ave- 208-234-0008

- Residential and Assisted Living for developmentally disabled adults

Living Independently for Everyone (LIFE)- 640 Pershing Suite A- 208-232-2747

- Life skills for the disabled

New Day Products and Resources- 1704 N Main- 208-232-7807

- Provides services for adults with disabilities

Special Ed Services- 3115 Pole Line- 208-232-3563

- Oversees a variety of special education programs and/or related services to meet the unique need of students with disabilities

Journey's DDA- 1177 Call Pl- 208-235-1334

- Provider of Developmental Therapy and Behavior Intervention services for Special Needs Children and Adults.

Support Groups

Compassionate Friends- 797 Hospital Way- 208-237-6318

- Support for those who have lost a child

Emotional Support Meeting- 208-232-5791

La Leche League of Bannock County- 208-637-8138 or 208-528-9196

Community Mental Health Services- 720 E Lander- 208-478-2172

- Peer Support

Suicide Prevention

Idaho Suicide Prevention Hotline- 1-208-389-HELP (4357)

- Call 24 hours a day 365 days a year
- Text Monday through Friday 3pm to midnight.

National Suicide Prevention Hotline- 1-800-273-TALK (8255)

Emergency Resources

Idaho Department of Health & Welfare Navigation- Call 211 or 1-800-926-2588 for a referral to navigation